Evidence for Water in the Rocky Debris of a Disrupted Extrasolar Minor Planet

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The existence of water in extrasolar planetary systems is of great interest as it constrains the potential for habitable planets and life. Here, we report the identification of a circumstellar disk that resulted from the destruction of a water-rich and rocky, extrasolar minor planet. The parent body formed and evolved around a star somewhat more massive than the Sun, and the debris now closely orbits the white dwarf remnant of the star. The stellar atmosphere is polluted with metals accreted from the disk, including oxygen in excess of that expected for oxide minerals, indicating the parent body was originally composed of 26% water by mass. This finding demonstrates that water-bearing planetesimals exist around A- and F-type stars that end their lives as white dwarfs.

The enormous recent progress in the discovery of exoplanetary systems provides a growing understanding of their frequency and nature, but is still limited in many respects. There is now
observational evidence of rocky exoplanets \((1, 2)\), yet transit depth plus radial velocity amplitude provide planet mass and radius (and hence density), while the bulk composition remains degenerate and model dependent. Transit spectroscopy offers some information on giant exoplanet atmospheres \((3)\), and planetesimal debris disks often reveal the signature of emitting dust and gas species \((4)\), yet both techniques only scratch the surface of planets, asteroids, and comets. Interestingly, white dwarfs – the Earth-sized embers of stars like the Sun – offer a unique window onto terrestrial exoplanetary systems: these stellar remnants can distill entire planetesimals into their constituent elements, thus providing the bulk chemical composition for the building blocks of solid exoplanets.

Owing to high surface gravities, any atmospheric heavy elements sink rapidly as white dwarfs cool below 25,000 K \((5)\), leaving behind only hydrogen and helium in their outermost layers, a prediction that is corroborated by observation \((6)\). Those white dwarfs with rocky planetary system remnants can become contaminated by the accretion of small, but spectroscopically detectable, amounts of metals.\(^1\) Heavy element absorption lines in cool white dwarfs are a telltale of external pollution that often imply either ongoing mass accretion rates above \(10^8 \text{ g s}^{-1}\) \((7)\), or large asteroid-sized masses of metals within the convection zone of the star \((8)\).

In recent years, metal-rich dust \((9, 10)\) and gas \((11)\) disks, likely produced by the tidal disruption of a large asteroid \((12)\), have been observed to be closely orbiting 30 cool white dwarfs \([\text{e.g.} (13–18)]\) and provide a ready explanation for the metal absorption features seen in their atmospheres \((19)\). The circumstellar material being gradually accreted by the white dwarf can be directly observed in the stellar photosphere to reveal its elemental abundances \((20)\). These planetary system remnants offer empirical insight into the assembly and chemistry of terrestrial exoplanets that is unavailable for any exoplanet orbiting a main-sequence star.

Until now, no white dwarf has shown reliable evidence for the accretion of water-rich, rocky

\(^1\) Astronomers use the term ‘metal’ when referring to elements heavier than helium
planetary material. Unambiguous signatures of icy asteroids at white dwarfs should include: 1) atmospheric metal pollution rich in refractory elements; 2) trace oxygen in excess of that expected for metal oxides; 3) circumstellar debris from which these elements are accreted, and, where applicable; 4) trace hydrogen (in a helium-dominated atmosphere) sufficient to account for the excess oxygen as H₂O. Critically, the presence of a circumstellar disk signals that accretion is ongoing, identifies the source material, enables a confident, quantitative assessment of the accreted elemental abundances, and thus a calculation of the water fraction of the disrupted parent body.

The metal-enriched white dwarfs GD 362 and GD 16 both have circumstellar disks and relatively large, trace hydrogen abundances in helium-dominated atmospheres (21), but as yet no available assessment of photospheric oxygen (20, 22). These two stars have effective temperatures below 12,000 K and their trace hydrogen could potentially be the result of helium dredge-up in a previously hydrogen-rich atmosphere (23). The warmer, metal-lined white dwarfs GD 61 and GD 378 have photospheric oxygen (24), but the accretion history of GD 378 is unconstrained (i.e. it does not have a detectable disk), and without this information, the atmospheric oxygen could be consistent with that contained in dry minerals common in the inner Solar System (25). In the case of GD 61, elemental abundance uncertainties have previously prevented a formally significant detection of oxygen excess (26).

We obtained ultraviolet spectroscopy with the Cosmic Origins Spectrograph (COS) on board the Hubble Space Telescope of the white dwarf GD 61, and together with supporting ground-based observations, derived detections or limits for all the major rock-forming elements (O, Mg, Al, Si, Ca, Fe). These data permit a confident evaluation of the total oxygen fraction present in common silicates within the parent body of the infalling material, and we identify excess oxygen due to H₂O as follows. 1) The observed carbon deficiency indicates that this element has no impact on the total oxygen budget, even if every atom is delivered as CO₂. 2) The
elements Mg, Al, Si, and Ca are assumed to be carried as MgO, Al$_2$O$_3$, SiO$_2$, and CaO at the measured or upper limit abundance. 3) The remaining oxygen exceeds that which can be bound in FeO, and the debris is interpreted to be water-rich. We find oxygen in excess of that expected for anhydrous minerals in the material at an H$_2$O mass fraction of 0.26 (Table 1, Fig. 1).

Because we have assumed the maximum allowed FeO, and some fraction of metallic iron is possible, the inferred water fraction of the debris is actually bound between 0.26 and 0.28. Although this makes little difference in the case of GD 61, where the parent body material appears distinctly mantle-like (26), there are at least two cases where metallic iron is a major (and even dominant) mass carrier within the parent bodies of circumstellar debris observed at white dwarfs (27). Overall, these data strongly suggest the material observed in and around polluted white dwarfs had an origin in relatively massive and differentiated planetary bodies.

We have assumed a steady state between accretion and diffusion in GD 61. However, a typical metal sinking timescale for this star is $10^5$ yr, and thus the infalling disk material could potentially be in an early phase of accretion where material accumulates in the outer layers, prior to appreciable sinking (26). In this early phase scenario, the oxygen excess and water fraction would increase relative to those derived from the steady state assumption, and hence we confidently conclude that the debris around GD 61 originated in a water-rich parent body. Although the lifetimes of disks at white dwarfs are not robustly constrained, the best estimates imply that the chance of catching GD 61 in an early phase is less than 1% (16, 28–30).

The helium-rich nature of GD 61 permits an assessment of its trace hydrogen content and total asteroid mass for a single parent body. The total metal mass within the stellar convection zone is $1.3 \times 10^{21}$ g, and roughly equivalent to a 90 km diameter asteroid. However, because metals continuously sink, it is expected that the destroyed parent body was substantially more massive, unless the star is being observed shortly after the disruption event. In contrast, hydrogen floats and accumulates, and thus places an upper limit on the total mass of accreted,
water-rich debris. If all the trace hydrogen were delivered as H\textsubscript{2}O from a single planetesimal, the total accreted water mass would be $5.2 \times 10^{22}$ g, and a 26\% H\textsubscript{2}O mass fraction would imply a parent body mass of $2 \times 10^{23}$ g, which is similar to that of the main belt asteroid 4 Vesta (31).

Based on these data, it appears that water in planetesimals can survive post-main sequence evolution. One possibility is that solid or liquid water is retained beneath the surface of a sufficiently large ($d > 100$ km) parent body (25), and is thus protected from heating and vaporization by the outermost layers. Upon shattering during a close approach with a white dwarf, any exposed water ice (and volatiles) should rapidly sublimate but will eventually fall onto the star – the feeble luminosity of white dwarfs is incapable of removing even light gases by radiation pressure (30). Another possibility is that a significant mass of water is contained in hydrated minerals (e.g. phyllosilicates), as observed in main-belt asteroids via spectroscopy and inferred from the analysis of meteorites (32). In this case, the H\textsubscript{2}O equivalent is not removed until much higher temperatures and such water-bearing asteroids may remain essentially unaffected by the giant phases of the host star.

The white dwarf GD 61 contains the unmistakable signature of a rocky minor planet analogous to Ceres in water content (33), and probably analogous to Vesta in mass. The absence of detectable carbon indicates the parent body of the circumstellar debris was not an icy planetesimal analogous to comets, but instead similar in overall composition to asteroids in the outer main belt. This exoplanetary system originated around an early A-type star that formed large planetesimals similar to those found in the inner Solar System and which are the building blocks for Earth and other terrestrial planets.

References and Notes


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Table 1: Oxide and Water Mass Fractions in the Planetary Debris at GD 61

<table>
<thead>
<tr>
<th>Oxygen Carrier</th>
<th>Steady State</th>
<th>Early Phase</th>
</tr>
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<tbody>
<tr>
<td>CO₂</td>
<td>&lt; 0.002</td>
<td>&lt; 0.002</td>
</tr>
<tr>
<td>MgO</td>
<td>0.17</td>
<td>0.18</td>
</tr>
<tr>
<td>Al₂O₃</td>
<td>&lt; 0.02</td>
<td>&lt; 0.02</td>
</tr>
<tr>
<td>SiO₂</td>
<td>0.32</td>
<td>0.27</td>
</tr>
<tr>
<td>CaO</td>
<td>0.02</td>
<td>0.01</td>
</tr>
<tr>
<td>FeOᵃ</td>
<td>0.05</td>
<td>0.02</td>
</tr>
<tr>
<td>Excess</td>
<td>0.42</td>
<td>0.50</td>
</tr>
<tr>
<td>H₂O in debris:</td>
<td>0.26</td>
<td>0.33</td>
</tr>
</tbody>
</table>

Note. We adopt the steady state values which assume accretion-diffusion equilibrium.

ᵃ All iron is assumed to be contained in FeO, while some metallic Fe will modestly increase the excess oxygen.
Figure 1: The first two columns are the early phase (EP) and steady state (SS) fractions of oxygen carried by all the major rock-forming elements in GD 61, assuming all iron is carried as FeO. Additional columns show the oxide compositions of the bulk silicate (crust plus mantle) Earth, Mars, Moon, and Vesta (34). Their totals do not reach 1.0 as trace oxides have been omitted. The overall chemistry of GD 61 is consistent with a body composed almost entirely of silicates, and thus appears relatively mantle-like, but with significant water. In contrast, the Earth is relatively water poor and contains approximately 0.023% H₂O (1.4 × 10²⁴ g).